

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. **We guarantee it!**



TO REORDER PROD. #17484
www.vitaminworld.com
1-800-228-4533



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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ULTRA WOMAN™ ULTRA WOMAN™ ULTRA WOMAN™

ULTRA WOMAN™

Sport
Performance Formula
Targeted for Active Women

H I G H P O T E N C Y

TIMED RELEASE

180 COATED CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 90

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg	4,000%
Riboflavin (Vitamin B-2)	60 mg	3,529%
Niacin (as Niacinamide)	60 mg	300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg	3,000%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg	600%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	90 mg	3%
Potassium (as Potassium Chloride)	100 mg	3%

Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Tetraborate)	2 mg	*
Silica	4 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
UWS Active Sport Blend	150 mg	*
Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Panax Ginseng (<i>Panax ginseng</i>) (root) (standardized to contain 7% ginsenosides), Green Tea (<i>Camellia sinensis</i>) (leaf), L-Glutamine, Taurine, L-Arginine, Beta-Alanine, L-Carnitine, L-Valine, L-Leucine, L-Isoleucine, Glycine, L-Methionine		
UWS Antioxidant Cardio Blend	30 mg	*
Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit), Alpha Lipoic Acid, Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Cranberry Concentrate (<i>Vaccinium macrocarpon</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Super Oxide Dismutase, Zeaxanthin, Astaxanthin Complex, Coenzyme Q-10, Lycopene, Lutein		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.