

LifeSeasons®

NATURE WORKS. SCIENCE PROVES IT.™

Ouch! Yeow! Argh! No matter how you express it, when something hurts you want relief—and fast. Relieve-R is formulated to address everyday aches and discomfort, without habit-forming ingredients.*



More about
our product!



LifeSeasons Inflammation

Synergistic formulas
tested for purity and
potency*

Springville, Utah
www.lifeseasons.com

(877)455-2826

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Relieve-R eases
discomfort, relaxes muscles,
and quiets the mind.*

- **L-Tetrahydropalmatine** - eases muscle tension*
- **L-Theanine** - supports brain waves that induce a state of relaxed wakefulness*
- **White Willow** - traditional remedy for mild discomfort; contains salicin*
- **Benfotiamine (BenfoPure®)** - shown to soothe minor inflammation and neuropathic pain*
- **Angelica** - used in Traditional Chinese Medicine for mild discomfort*

CAUTION: As with any dietary supplement, do not take without first consulting your healthcare practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

Rev. 02.20

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeSeasons®

Relieve-R Effective Relief*

L-Tetrahydropalmatine
L-Theanine
White Willow
Benfotiamine
Angelica

Contains Caffeine

Dietary Supplement
46 Vegetarian Capsules

Suggested Use: Take 2 capsules daily with food. Do not exceed 6 capsules within 24 hours.

Supplement Facts

Serving Size: 2 capsules
Servings per container: 23

	Amount per serving	% Daily Value**
Vitamin D3 (as cholecalciferol) (1,000 IU)	25 mcg	125%
Vitamin B6 (as pyridoxal 5' phosphate)	50 mg	2,941%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
White Willow bark extract (Salix alba) (15% (45 mg) salicin)	300 mg	†
Fragrant Angelica root extract (Angelica dahurica)	100 mg	†
Acetyl-L-Carnitine HCL	100 mg	†
Caffeine (from Coffea arabica)	75 mg	†
L-Theanine	75 mg	†
Benfotiamine (BenfoPure®)	50 mg	†
L-Tetrahydropalmatine (from Corydalis yanhusuo)	50 mg	†

† Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose) and rice bran.

MADE WITHOUT artificial colors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy, milk, gluten, and magnesium stearate.

Vegetarian formula. Made in the U.S.A.

**WARNING: MAY CAUSE DROWSINESS
WHEN USED AS DIRECTED**

