

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. **We guarantee it.**



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Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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ULTRA MAN™

ULTRA MAN™

50 PLUS

**Performance Formula
Targeted for Men over 50**

TIMED RELEASE

HIGH POTENCY

120 COATED
CAPLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 60

Amount Per Serving %Daily Value

Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg	2,000%
Riboflavin (Vitamin B-2)	30 mg	1,765%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg	1,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg	300%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	290 mg	29%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Sodium	10 mg	<1%
Potassium (as Potassium Chloride)	30 mg	1%
Choline Bitartrate	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Tetraborate)	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
UM50+ Amino Acid Blend	50 mg	*
L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, Acetyl-L-Carnitine, L-Arginine, L-Carnitine		
UM50+ Joint Health Complex	100 mg	*
Methylsulfonylmethane (MSM), Collagen (as Hydrolyzed Gelatin), Silica, Glucosamine Hydrochloride, Chondroitin Sulfate		

Amount Per Serving %Daily Value

UM50+ Bio-Active Blend	120 mg	*
Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita pepo</i>), Pygeum (<i>Pygeum africanum</i>) (bark), Oyster Extract, Maca Extract (<i>Lepidium meyenii</i>) (root) (0.6% Macamides and Macaenes), Lycopene		
UM50+ Antioxidant Cardio Blend	50 mg	*
Garlic (<i>Allium sativum</i>) (bulb), Carrot Extract, Broccoli Extract, Grape Seed Extract (<i>Vitis vinifera</i>), Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Alpha Lipoic Acid, Astaxanthin, Super Oxide Dismutase, Co-Enzyme Q10, Resveratrol (<i>Polygonum cuspidatum</i>) (root), Zeaxanthin, Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract), Lutein		
UM50+ Energy/Focus Blend	100 mg	*
Green Tea (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Spirulina, Panax Ginseng Extract (standardized to contain 7% ginsenosides), Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Neuro PS® Phosphatidylserine		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients. **Directions:** For adult men, take two (2) caplets daily, preferably with meals.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.