Suggested Use: Add 1 scoop to 6-8oz of water or a beverage of your choice and mix thoroughly. Enjoy anytime during the day to help meet your protein requirements

WARNING: Consult your physician before use if you are pregnant, lactating, have a medical condition, or are taking any medication. Very low calorie protein dets (below 400 Calories per day) may cause serious finess or death. Do Not Use for Weight Reduction in Such Diets Without Medical Supervision. Not for use by infants, children, or pregnant or nursing women.

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug nonstration. This product is not intended to diagnose, treat, care if



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## PLANT PROTEIN

FRUITY CEREAL



HIGH OUR & PUMPKIA

## **Supplement Facts**

25 Servings Per Container Serving Size 1 Scoop (30.1g)

Amount per serving Calories

Iron 2 mg Sodium 273 mg

11%

% Daily Value Total Fat 1.7g 2% Saturated Fat 0.4g Total Carbohydrate 1g Dietary Fiber 1.3g Total Sugars 0.1g Includes Dg Added Sugars Protein 21g Calcium 6 mg

Potassium 84 mg The % Daily Value tells you how much a nutrient to a

serving of food contributes to a daily dist. 2,000 celories a day is used for general nutrition advice.