

Each preservative-free vegetarian capsule contains only the active ingredients listed on the label. **Excipient-free.**

Keep tightly closed in a cool, dry place out of the reach of children.

406001C EXP 5/14

Manufactured in a GMP Certified Facility
Metabolic Maintenance Products
PO Box 940, Sisters, Oregon 97759
www.metabolicmaintenance.com



ESSENTIALS

120 VEGETARIAN
CAPSULES

Metabolic Maintenance

DIETARY SUPPLEMENT

Cal/Mag/Zinc Complex

with Vitamin D

DIRECTIONS: Use as a dietary supplement as directed by your Healthcare Professional.

Supplement Facts

| Amount Per Capsule | % Daily Value | |
|---|---------------|-----|
| Vitamin C (as Ascorbyl Palmitate) | 10 mg | 17% |
| Vitamin D-3 (as Cholecalciferol) | 100 IU | 25% |
| Calcium (as Calcium Carbonate and Calcium Citrate) | 250 mg | 25% |
| Magnesium (as Magnesium Citrate/Aspartate) | 125 mg | 31% |
| Zinc (as Zinc Citrate) | 6 mg | 40% |
| Boron (as Boron Citrate and Boron Aspartate) | 0.5 mg | * |

* Daily Value not established for this ingredient

Other ingredients: vegetarian capsule