

REPLENISH is a full-spectrum amino acid supplement containing clinical amounts of the BCAAs (branched chain amino acids) and the remaining EAAs (essential amino acids).† Key ingredients in REPLENISH have been demonstrated to increase healthy skeletal muscle protein synthesis and the recovery response to resistance training.†

WARNING:

This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS:

Mix 1 scoop with 12-20 ounces of water and shake well. Consume immediately before and during training. Additional servings can be taken throughout the day.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ARMS RACE
NUTRITION

REPLENISH

ESSENTIAL AMINO ACIDS
(EAA/BCAA)

RECOVER
BUILD
HYDRATE
PERFORM

OLD SCHOOL DEDICATION.
MODERN SCIENCE.

LEMON RUSH

NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
14.8 OZ
(420 G)

Supplement Facts

Serving Size: 1 Scoop (14 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Potassium (as Albion™ Potassium Glycinate Complex)	72 mg	2%
Sodium (as Sea Salt)	100 mg	4%
Vegan Branched-Chain Amino Acids (BCAAs)		
L-Leucine	4000 mg	**
L-Isoleucine	1000 mg	**
L-Valine	1000 mg	**
Other Vegan Essential Amino Acids (EAAs)		
L-Lysine	1700 mg	**
L-Threonine	1100 mg	**
L-Phenylalanine	465 mg	**
L-Histidine	350 mg	**
L-Methionine	325 mg	**
L-Tryptophan	60 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS:

Natural and Artificial Flavor, Citric Acid, Malic Acid, Sucralose, Silicon Dioxide, Acesulfame Potassium.

Manufactured in a U.S. cGMP Facility.
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