

As a dietary supplement, mix 1/2 SCOOP AT FIRST TO ASSESS TOLERANCE. For future uses mix 1 scoop of **TURNUP** with 8-oz of cold water. Consume 15 to 30 minutes before exercise. Do not consume within 4 hours prior to bedtime. Do not take any other products that contain caffeine or any other stimulants while taking **TURNUP**.

Warnings: Not for use by individuals under the age of 18 years. Do not use if pregnant or nursing. Consult with a physician or licensed qualified health care professional before using this product if you have, or have a family history of heart disease, thyroid disease, diabetes, high blood pressure, depression or other psychiatric condition, glaucoma, difficulty urinating, prostate enlargement, or seizure disorder. Do not exceed recommended serving. Exceeding recommended serving may cause adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath or other similar symptoms. Individuals who are sensitive to the effects of caffeine or have a medical condition should consult a licensed health care professional before consuming this product.

WARNING: TURNUP IS FOR ADVANCED EXERCISE AND SUPPLEMENT USERS ONLY. DO NOT EXCEED ONE SCOOP PRIOR TO EXERCISE UNDER ANY CIRCUMSTANCES.



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Supplement Facts

Serving Size: 1 Scoop (10.38g)
Servings Per Container: 30

Amount Per Serving	%Daily Value
Beta-Alanine	3200mg **
L-Arginine Alpha-ketoglutarate (AAKG)	2500mg **
Agmatine Sulfate	528mg **
Caffeine Anhydrous	300mg **
Dimethylaminoethanol (DMAE Bitartrate)	100mg **
Theobromine	100mg **
Dicaffeine Malate	100mg **
Yohimbine HCL	3mg **

* Daily Value not Established

Other Ingredients: Malic Acid, Natural & Artificial Flavors, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red #40.

† These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, cure or prevent any disease.

Manufactured for:

EPG Extreme Products Group

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