

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. **We guarantee it.**

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ULTRA MAN™ ULTRA MAN™ ULTRA MAN™

ULTRA MAN™

Sport

**Performance Formula
Targeted for Active Men**

HIGH POTENCY

TIMED RELEASE

**180 COATED
CAPLETS**

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 2 Caplets

Servings Per Container 90

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phyttonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg	4,000%
Riboflavin (Vitamin B-2)	60 mg	3,529%
Niacin (as Niacinamide)	60 mg	300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg	3,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg	600%
Calcium	290 mg	29%
(as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)		
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Chloride)	100 mg	3%
Choline Bitartrate	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Tetraborate)	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Silica	4 mg	*
UMS Special Sport Blend	150 mg	*
L-Glutamine, L-Cysteine, Beta-Alanine, Taurine, N-Acetyl-L-Carnitine, L-Arginine, L-Carnitine		

UMS BCAA Blend	200 mg	*
L-Valine, L-Leucine, L-Isoleucine		
UMS Creatine Amplifier Blend	200 mg	*
Glycocyamine, Glycine Powder, L-Methionine		
UMS Focus/Energy Blend	50 mg	*
Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Green Tea (<i>Camellia sinensis</i>) (leaf), Spirulina, Panax Ginseng Extract (standardized to contain 7% ginsenosides), Phosphatidylserine		
UMS Antioxidant Cardio Blend	50 mg	*
Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit), Grapeseed Extract (<i>Vitis vinifera</i>), Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Alpha Lipoic Acid, Super Oxide Dismutase, Coenzyme Q-10, Zeaxanthin, Lutein, Astaxanthin		
UMS Bioactive Blend	50 mg	*
Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Oyster Extract, Pumpkin Seed (<i>Cucurbita pepo</i>), Pygeum (<i>Pygeum africanum</i>) (bark), Maca Extract (<i>Lepidium meyenii</i>) (root) (0.6% Macamides and Macaenes), Lycopene		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk and soy ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.