

**NEW**  
Formula &  
Tablet Size

# Prenatal Tablets

*A Dietary Supplement For  
Pregnant & Lactating Women*

**30 TABLETS**



POTENCY  
GUARANTEED

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Hypromellose, Polydextrose, Gelatin, Titanium Dioxide, Acacia, Maltodextrin, Talc, Starch, Magnesium Stearate, Dicalcium Phosphate, Sucrose, Triglycerides, Triacetin, Mineral Oil, Silica, Sodium Ascorbate, FD&C Red #40 Lake, BHT, FD&C Yellow #6 Lake, Tocopherols, Sodium Benzoate, Sorbic Acid, Tricalcium Phosphate and Ascorbyl Palmitate.

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**FREE OF:** Yeast, wheat, gluten, milk or milk derivatives, soy, artificial flavor, sodium (less than 5 mg per serving).

**WARNING:** If you are pregnant, nursing or taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value*
Vitamin A (as Acetate and 4% Beta Carotene)	1200 mcg. 92%
Vitamin C (as Ascorbic Acid)	100 mg. 83%
Vitamin D (as Cholecalciferol)	10 mcg. 67%
Vitamin E (as Alpha Tocopherol Acetate)	5 mg. 26%
Thiamin (as Thiamine Mononitrate)	1.5 mg. 107%
Riboflavin	1.7 mg. 106%
Niacin (as Nicotinamide)	18 mg. 100%
Vitamin B6 (as Pyridoxine HCl)	2.6 mg. 130%
Folate	1360 mcg. DFE 227% (800 mcg. Folic Acid)
Vitamin B12 (as Cyanocobalamin)	4 mcg. 143%
Calcium (as Calcium Carbonate and Calcium Sulfate)	200 mg. 15%
Iron (as Ferrous Fumarate)	27 mg. 100%
Zinc (as Zinc Oxide)	25 mg. 192%
*% Daily Value for Pregnant and Lactating Women.	

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center (1-800-222-1222) immediately.

**STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Distributed by: MAJOR® PHARMACEUTICALS

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Questions or Comments? (800) 616-2471

**PEEL BACK FOR MORE INFORMATION**

Lot # & Exp. Date: M-29 Rev. 11/19 14190-11-19