

Milk Thistle is a purple flower that grows wild in the Mediterranean but is also found in other areas of the world. The seeds of the dried milk thistle flower are used. Milk Thistle Extract is standardized to 80% silymarin, the key constituent that exerts a protective effect against substances potentially harmful to the liver. Silymarin is a powerful antioxidant shown to protect liver cells (and other cells in the body and brain) from toxins. Research shows that Sylimarin promotes liver protein synthesis and proper glutathione function.

SEALED FOR YOUR PROTECTION KEEP OUT OF REACH OF CHILDREN. NOT INTENDED FOR PREGNANT OR NURSING WOMEN

LABORATORY TESTED AND APPROVED.
POTENCY GUARANTEED

MANUFACTURED FOR DISTRIBUTION BY:
CALIFORNIA NATURAL VITAMIN LABS, INC.

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CALIFORNIA
NATURAL™

Milk Thistle Extract

80% Silymarin

Liver Health

90CAPSULES

Directions: For adults, take one (1) capsule two to three times daily, preferably with a meal.

Supplement Facts

Serving size: 1 capsule

Serving per container 90

Amount per serving	%Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) 175 mg	*
(Standardized to contain 80% Silymarin, 140 mg)	

*Daily value not established

Other Ingredients: Maltodextrin, Gelatin, Vegetable Magnesium Stearate, Silica.

No Artificial Color, Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

These statements have not been reviewed by the FDA. This product is not meant to cure, diagnose or prevent any disease.