

MADE IN THE U.S.A. 

Magnesium 400 is an essential mineral important for mineral balance, and relaxation. California Natural Magnesium 400 provides the highest quality magnesium available. Magnesium supports energy and cardiovascular health and bone metabolism.

Manufactured in a certified GMP facility.

This product contains no wheat, gluten, east, soy, salt, sugar, milk, artificial flavors and color and no preservatives.

Store in a cool and dry place.

DISTRIBUTED BY:

CALIFORNIA NATURAL VITAMIN LABS
CHATSWORTH, CA 91311 • 1-888-383-1212



California
Natural 

MAGNESIUM

Essential Mineral **400mg**

Mineral Balance and Supports Energy†

DIETARY
SUPPLEMENT

500
MILLIGRAMS

90
CAPSULES

Suggested Usage: Take 1 to 3 capsules daily or as directed by a health care professional. May be taken on an empty stomach.

Supplement Facts

Serving size: 1 Capsule
Servings per Container: 90

	Per Capsule	% DV
Magnesium (as Magnesium Citrate/ Oxide)	400mg	100%

Other Ingredients: Gelatin, Microcrystalline Cellulose Magnesium stearate, Silicon Dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.