

Supplement Facts

Serving Size: 1 Tbsp (15mL)

Servings Per Container: About 28

Amount Per Serving	% DV*
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Calories 130	
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Total Fat 14g	18%*
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Saturated Fat 14g	70%*
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Trans Fat 0g	
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Caprylic Acid Triglycerides 14g	**
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* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Caprylic acid triglycerides from highly refined coconut oil.

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Do not heat above 320° F. Refrigeration not required. Safety-sealed. Replace if outer seal is broken.

Extracted from 100% orangutan-friendly coconut oil. No palm oil whatsoever.

Brain Octane® C8 MCT oil dissolves certain plastics, including Styrofoam, and should only be used with utensils and containers made of metal, glass, ceramic or HDPE plastics.

Keep out of reach of children.

As with any supplement, consult your healthcare practitioner before use, particularly if you are pregnant, nursing, taking medication, or have a medical condition.

CRAVE LESS. DO MORE.

Brain Octane® C8 MCT oil is no ordinary MCT oil. Sourced purely from coconuts, it contains the most ketogenic MCT oil, pure C8 caprylic acid—an easy-to-absorb, high-quality smart fat that rapidly converts into brain-powering, fat-burning ketone energy! Brain Octane C8 MCT oil helps control cravings, jump-starts your metabolism and improves cognitive performance to keep you sharp!

RECIPE FOR SUCCESS.

Brain Octane® C8 MCT oil is flavorless, so you can add it to just about everything. Start with one teaspoon and build to the full one tablespoon serving size over several days. Start small to help your stomach adjust.

- ✓ Blend it into your Bulletproof® Coffee recipe
- ✓ Add to smoothies and shakes
- ✓ Drizzle it over your favorite meals
- ✓ Make salad dressings, sauces, and marinades

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



BULLETPROOF™

SUPER
KETO



SUSTAINED
ENERGY



FAT BURNING
FUEL†



FEWER
CRAVINGS†

BRAIN
OCTANE®
C8 MCT OIL

Dietary Supplement
Net 14 Fl. Oz. (414mL)