

MADE IN THE U.S.A. 

Manufactured in a certified GMP facility. This product contains no wheat, gluten, east, soy, salt, sugar, milk, artificial flavors and color and no preservatives.

Store in a cool and dry place.

WARNING:

DO NOT take this product if you are on any medications, especially, antidepressants, or if you are pregnant or breast feeding, consult your qualified health care professional. DO NOT take this product if you are taking any SSRIs (selective serotonin reuptake inhibitors).

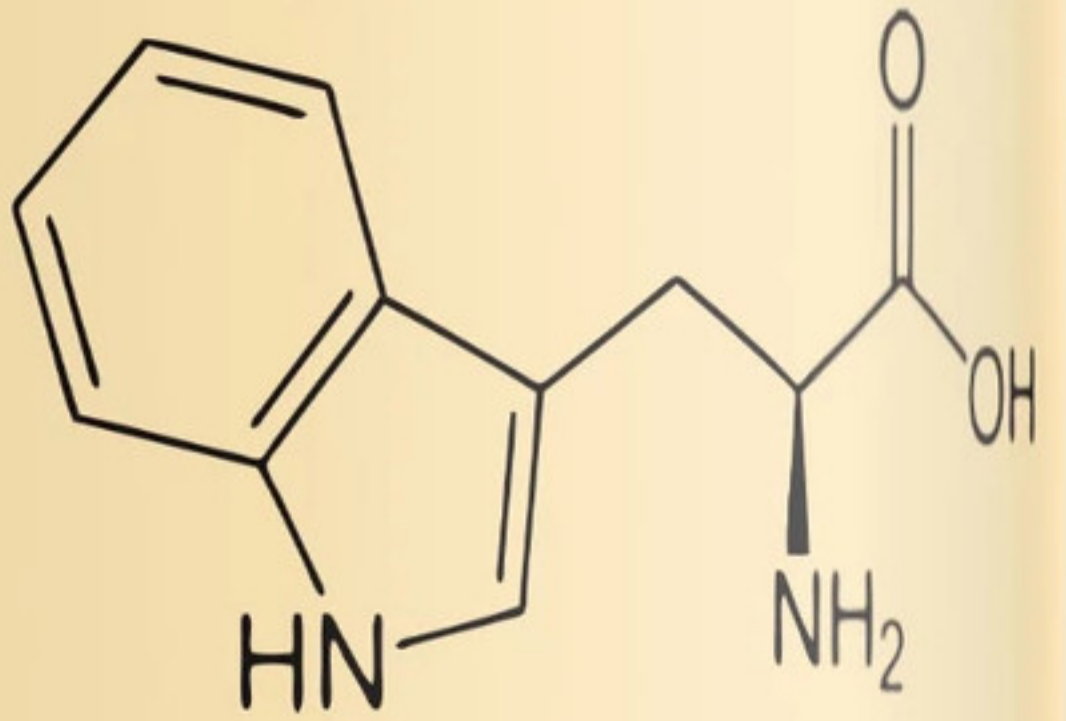
Keep out of the reach of children.

DISTRIBUTED BY:

CALIFORNIA NATURAL VITAMIN LABS
CHATSWORTH, CA 91311 • 1-888-383-1212



**California
Natural** 



L-Tryptophan
SUPPORTS RESTFUL SLEEP†
ENCOURAGES POSITIVE MOOD

**DIETARY
SUPPLEMENT**

500
MILLIGRAMS **30**
CAPSULES

Directions: For adults, take 1 to 2 capsules before bed time or take 1 to 2 capsules up to 3 times daily as needed or as directed by your health care professional. May be taken on an empty stomach.

Supplement Facts

Serving size: 1 Capsule		
Servings per Container: 30		
	Per Capsule	% DV
L-Tryptophan	500mg	*

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Magnesium stearate, Microcrystalline Cellulose and Silicon Dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.