



Manufactured in India
C.No. RA574-AYU

Manufactured for:
Vedic Care, USA
New Brunswick, NJ 08901 USA.
www.TheVedicStore.com

For Comments/Feedback:

Contact@TheVedicStore.com
1-612-88-VEDIC

- Store in a cool dark place and in an air-tight container.
- Avoid exposure to moisture.
- Keep out of reach of children.

Health Tip:

*Studies have shown that those people who regularly practice all three elements are better able to regulate their heart-rate variability (HRV). This generally means that their heart rate is lower, giving body the ability to respond to stress in a more flexible way.

"Product tested for heavy metals in accordance with permissible limits outlined by American National Standards Institute"


VEDICTM
CARE



METHI SEED

(FENUGREEK)

Plant Part Used - Seed
Dietary Supplement



100g (3.52 oz)

Supplement Facts

Serving Size : 3g
Servings Per Container 33

	Amount Per Serving	%DV*
Methi (Trigonella foenum-graecum) seed	3g	†

% DV* are based on a 2000 Calorie diet.
† Daily Value not established

Ingredients:

Each 100g Contains-
Methi (Trigonella foenum-graecum) seed - 100g

Direction for Use:

Take 3.0g or 1/2 teaspoon with warm water upto twice daily.

"This product is not intended to diagnose, treat, cure or prevent any disease."



Batch No. :

Mfd. Date :
(mm/dd/yy)

Best Before :
(mm/dd/yy)