

Supplement Facts

Serving Size 2 Packs

Servings Per Container 22

Amount Per Serving	%DV
Calories	40
Total Carbohydrates	5g 2%
Dietary Fiber	1.5g 5%
Total Sugars	2g
Including 0g of Added Sugars	0%
Protein	5g 10%
Vitamin A (as beta carotene, acetate)	1780mcg RAE 198%
Vitamin C (as ascorbic acid)	1000mg 1111%
Vitamin D (as cholecalciferol)	100mcg 500%
Vitamin E (as d-alpha tocopheryl succinate)	150mg 1000%
Vitamin K (as phytonadione, menaquinone)	120mcg 100%
Thiamin (as mononitrate)	76mg 6333%
Riboflavin	76mg 5846%
Niacin (as niacinamide)	82mg 513%
Vitamin B6 (as pyridoxine HCl)	80mg 4706%
Folate	680mcg DFE (400mcg folic acid) 170%
Vitamin B12 (as methylcobalamin)	1000mcg 41667%
Biotin	300mcg 1000%
Pantothenic Acid (as d-calcium pantothenate)	76mg 1520%
Choline (as bitartrate)	90mg 16%
Calcium	2.2g 169%
Phosphorus	1625mg 130%
Iodine (as potassium iodide)	150mcg 100%
Magnesium (as oxide)	400mg 95%
Zinc (as oxide)	30mg 273%
Selenium (as sodium selenite)	50mcg 91%
Copper (as cupric sulfate)	600mcg 67%
Manganese (as sulfate)	5mg 217%
Chromium (as chromium chloride)	100mcg 286%
Potassium (as sulfate)	200mg 4%

Amino Acid Complex		
Alanine	366mg	**
Arginine	265mg	**
Aspartic Acid	460mg	**
Cystine	79mg	**
Glutamic Acid	647mg	**
Glycine	562mg	**
Glutamine	127mg	**
Hydroxyproline	241mg	**
Histidine	90mg	**
Isoleucine	220mg	**
Leucine	416mg	**
Lysine	395mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

Methionine	100mg	**
Phenylalanine	162mg	**
Proline	419mg	**
Serine	226mg	**
Threonine	238mg	**
Tryptophan	70mg	**
Valine	241mg	**
Ornithine	5mg	**

Liver Detox Complex		
Milk Thistle Seed	500mg	**
Hawthorne Berry	250mg	**
Red Beet Root	200mg	**
N-Acetyl Cysteine	100mg	**
Turmeric Root	100mg	**

Protein Complex		
Whey Protein Concentrate	3500mg	**
Beef & Liver Blend	2830mg	**
(Beef protein isolate, liver)		

Performance Complex		
Eleutherococcus senticosus (root)	1000mg	**
L-Taurine	500mg	**
Para-Aminobenzoic Acid (PABA)	400mg	**
Choline Bitartrate	250mg	**
Inositol	125mg	**
Carnitine	25mg	**

Antioxidant Complex		
Pine Bark Extract	200mg	**
Alpha Lipoic Acid	100mg	**
Grape Seed Extract	50mg	**
Coenzyme Q10	5mg	**
Lutein	1mg	**
Lycopene	1mg	**

Digestive Enzyme and Absorption Complex		
Inulin	250mg	**
Ginger Root	200mg	**
Bromelain	100mg	**
Acid Protease as VegPeptase™	64mg	**
Papain	64mg	**
Lipase	10mg	**
Black Pepper Extract (fruit) as BioPerine®	2.5mg	**

Energy and Focus Complex		
Tyrosine	315mg	**
Green Tea Leaf Extract	100mg	**
D-Glucuronolactone	100mg	**
Coffee Bean Extract (polyphenols)	100mg	**

** Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, maltodextrin, hydroxypropyl cellulose, stearic acid, magnesium stearate, silicon dioxide, L-carnitine fumarate, lecithin, pharmaceutical glaze. Contains Milk & Soy. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

INGREDIENT NOTES: VegPeptase 2000™ is an acid stable protease enzyme blend derived from the fermentation of non-GMO, nature-identical strains of *Aspergillus niger* and *Bacillus subtilis*.

DOSAGE: Take 1 to 2 packs with breakfast or any other meal with plenty of water. For those who compete or are training with higher intensity, two packs is suggested.

WARNING: Not intended for use by those under the age of 18. This is a potent bodybuilding supplement. Before using this product seek advice from a medical doctor if you are unaware of your current health condition or planning any medical procedure.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

See website for details.

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