BETTER LIVING REGINS WITHIN

Almega®PL, our proprietary form of algae Omega-3, offers 50% better absorption than fish, krill and other algae oils. DHA is a primary constituent of your retina and confers the ability to adjust to different lighting conditions. Additionally, we

added a blend of zinc, copper and lutein to protect against harmful blue light. Sustainably farmed in the USA, iwi algae is cultivated in the desert with saltwater and powered by the sun. Not only

do we avoid harming the ocean and the life in it, we also give back 1% of our net sales to Ocean Unite. iwi is good for every living thing. Learn more at:













50% MORE ARSORPTION SUSTAINABLY SOURCED PLANT-BASED







+ Zinc, Copper and Lutein

NOURISH*

Directions: Take 1 softgel daily

Supplement Facts

Amount per Serving	% Daily Value	
Calories	10	
Total Fat	19	1%*
Cholesterol	10 mg	3%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Copper Gluconate)	1 mg	50%
Algae Oil	688 mg	†
Total Omega Fatty Acids	285 mg	1
Omega 3 Fatty Acids	219 mg	t
EPA (Eicosapentaenoic Acid)	100 mg	1
DHA (Docosahexaenoic Acid)	115 mg	1
Other Omega 3s	4 mg	1
Omega 6 Fatty Acids	20 mg	1
Omega 7 Fatty Acids	36 mg	1
Ortega 9 Fatty Acids	10 ma	+

† Daily Value not established Other Ingredients: Softnel Shell: (non-GMO Modified cornstarch

Excipients: Furned Silipon Dioxide, Sunflower Lepithin Oil,