RETTER LIVING REGINS WITHIN

Almega®PL, our proprietary form of algae Omega-3, rejuvenates your hair, ekin and nails and offers 50% hatter

absorption than fish or krill oil. For even more support, we added biotin as a hair and nail growth stimulator, and Vitamin C to boost collagen, Sustainably farmed in the USA, iwi algae is cultivated in the desert with saltwater and powered by

the sun. Not only do we avoid harming the ocean and the life in it, we also give back 1% of our net sales to Ocean Unite iwi is good for every living thing Learn more at:



















SKIN*

iwi

MADE FROM ALGAE BEAUTY

OMEGA-3 + Biotin, Vitamin C & E

50% MORE ABSORPTION SUSTAINABLY SOURCED PLANT-RASED

Directions: Take 2 softgels daily.

Supplement Facts

Calories	10	
Total Fat	1 mg	1%
Cholesterol	12 mg	4%
Vitamin C (Ascorbic Acid)	90 mg	100%
Vitamin E (d-alpha tocopherol)	10 mg	67%
Biotin	200 mcg	667%
Zinc (Zinc Citrate)	15 mg	136%
Hyaluronic Acid (Sodium Hyaluronate)	100 mg	1
Resveratrol (Polygonium Cuspidatum E	od) 20 mg	- 1
Copper (Copper Bisglycinate Chelate)	1 mg	111%
Almega*PL (from Nannochloropsis)	600 mg	1
Total Omega Fatty Acids	251 mg	1
Omega 3 Fatty Acids	152 mg	1
EPA (Eicosapentaenoic Acid)	150 mg	1
Other Omega 3s	2 mg	1
Omega 6 Fatty Acids	30 mg	1
Omega 7 Fatty Acids	54 mg	1

mega 9 Fatty Acids Percent Daily Values are based on a 2 000-calorie diel

15 mg