Nutrition Facts

Serving Size 1 Scoop (30g) Servings Per Container ~78

Amount Per Serving

Calories 120 Calories from Fat 18

		%Daily Value*		%Daily Value*
Total Fat	2g	3%	**Potassium**	198mg 6%
Saturated Fat	1g	5%	**Total Carbohydrate**	3.5g 1%
Cholesterol	75mg	25%	Dietary Fiber	0g 0%
Sodium	59mg	2%	Sugars	2g
			Protein	22g 44%

Vitamin A 0% • Vitamin C 0% • Calcium 13% • Iron 2% • Phosphorous 10%

*Percent Daily Value based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Pure Whey™ (ultra-filtered whey concentrate [comprised of ~45% ß-lactoglobulin, ~20% a-lactalbumin, ~15% glycomacropeptides, ~10% immunoglobulins, ~6% bovine serum albumin, ~1% lactoferrin, ~1% lactoperoxidase, protease-peptone, lysozyme], whey isolates, partially hydrolyzed whey peptides) (milk), whey, natural and artificial mocha cappuccino flavors, lecithin (soy), cocoa, acesulfame potassium, sucralose. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: Mix 1-2 slightly rounded scoops with 6-12 ounces of skim milk or your beverage of choice. On training days take a minimum of two servings daily, with one serving within 45 minutes after training and the other serving between meals. On non-training days take at least one serving daily between meals. For best results, use a blender or a Universal Shaker Cup.

NOTE: Do not use as your sole source of calories.

WARNING: This product is not for use by any individual under the age of 18. Please consult with a physician before using this product. Do not take this product if you have or are at risk for any medical condition or disease including but not limited to diabetes, asthma, depression, recurrent headaches, glaucoma, difficulty urinating, prostate enlargement, seizure disorder, high blood pressure, high cholesterol, arthritis, heart disease, stroke, are pregnant, or are suffering from any inflammatory diseases. Be sure to talk to your physician before using this product if you are using any prescription drug, over-the-counter medication, or supplements. Not for use by children, patients, pregnant or nursing women. Immediately discontinue use and consult your physician if dizziness, sleeplessness, tremors, nervousness, agitation, headache, heart palpitations, or any side effects occur. Discontinue use two weeks prior to surgery. The use of this product may be banned by some athletic associations. Athletes should consult with their sanctioning authority before use. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Exercise good judgment and keep this out of reach of children. Store this product in a cool, dry place, away from heat, moisture and sunlight. Do not exceed recommended dose.

Pure #0001104080

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MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:
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UNIVERSAL

ULTRA WHEY PRO

MOCHA CAPPUCCINO

Protein Powder Net Wt 5 lb (2.27kg) Cross-Flow Ultrafiltered

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional products to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Ultra Whey Pro™ provides an excellent and complete source of whey proteins. Every scoop delivers 22 grams of protein derived from our proprietary Pure Whey™ protein blend, a unique matrix comprised of ultrafiltered whey isolates, peptide-rich whey hydrolysates, and whey concentrate. **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

d Whey Peptide Protein | Triple Whey Formula | Mixes Easily