



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage (children 3 years and older): Chew 1 tablet per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Natural Factors Kid's Magnesium features 50 mg of bioavailable magnesium citrate in a delicious bubble gum-flavored chewable tablet. The citrate form of magnesium is extremely well absorbed and well tolerated by the body, and magnesium is necessary for hundreds of enzyme reactions in the body and for normal heart function.* It is necessary for protein synthesis, carbohydrate metabolism, proper muscle function, and helps absorb calcium and potassium.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

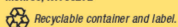
PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272



BigFriends®

MAGNESIUM CITRATE CHEWABLE 50 MG

BUBBLE GUM FLAVOR

Healthy Muscle
Function*

60 Chewable Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value for Children 3 Years of Age	% Daily Value for Adults and Children 4 or More Years of Age
Total Carbohydrate	<1 g	<1% [†]	<1% [‡]
Xylitol	<1 g		
Magnesium (citrate)	50 mg	63%	12%

[†] Percent Daily Values are based on a 1,000 calorie diet.

[‡] Percent Daily Values are based on a 2,000 calorie diet.

Not a significant source of sugars.

Other ingredients: Microcrystalline cellulose, hydroxypropylcellulose, natural bubble gum flavor, magnesium stearate (vegetable grade), stearic acid, stevia extract.

Isura™ is a trademark of ISURA.

LOT & EXPIRY 1.3125" x .25" Single Line

