

**PURE FOOD NUTRIT-RIECH TABLETS 100% MADE, PACKAGED, AND TESTED IN USA AND CANADA.**

The 100% organic<sup>1</sup>, non-GMO<sup>2</sup> nutrient-rich plants grown on Natural Factors farms are harvested at their peak and immediately raw processed at our own facilities, using our proprietary *EnteroSimplex*<sup>®</sup> method to retain the vital bioenergetic vitamins, minerals, enzymes, phytonutrients, and antioxidants. We ensure the processing temperature always stays below 118°F. The end result is raw nutrition from whole plants, capturing all the vibrant energy and goodness of nature.

**Suggested usage:** 2 tablets per day or as directed by a health professional.  
**Caution:** As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

A bioenergetic multivitamin and mineral formula for the maintenance of good health.<sup>3</sup>  
 Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, shellfish, yeast, wheat, gluten, yeast, egg, fish, shellfish, animal products, milk, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sustain for your protection. Do not use as food substitute. For freshness, store in a cool, dry place.

<sup>1</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<sup>2</sup>Visible DNA is a trademark of ESG Development Ltd.  
 Theracorn<sup>®</sup> is a registered trademark of Theracorn Corporation.  
 EnteroSimplex<sup>®</sup> is a registered trademark of biologiclife Inc.  
<sup>3</sup>EnteroSimplex<sup>®</sup> is a registered trademark of Green SpA (Italy).  
 U.S. Patent No. 7,947,662.

PRODUCT OF CANADA  
 Manufactured by Natural Factors Canada  
 Distributed by NATURE FACTORS  
 12321 10th Avenue SE  
 Mission, BC V2Y 1A1  
 255190-01

100% **VERIFIED** ORGANIC

100% **VERIFIED** NON-GMO

**PURE FOOD NUTRIT-RIECH TABLETS 100% MADE, PACKAGED, AND TESTED IN USA AND CANADA.**

**isura** NON-GMO • MASS SPEC  
 Environmental ✓ Lab Tested ✓

At Natural Factors state-of-the-art laboratories, we use "mass spectrometry" to test for over 500 substances. Mass spectrometry can test at the molecular – even atomic – level, detecting environmental pollutants such as pesticides, herbicides, and fungicides, as well as heavy metals and other undesirable substances.

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**WHOLE EARTH & SEA**

**Pure Food WOMEN'S 50+ MULTIVITAMIN & MINERAL NON-GMO**

Fresh, raw ingredients from our farms make this bioenergetic formula the "SEED OF NUTRITION"<sup>SM</sup>

Feel the Difference  
 Suitable for Vegans  
 120 Tablets

DIETARY SUPPLEMENT

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 120 Tablets

DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size 2 Pure Food Multivitamin<sup>SM</sup> Tablets  
 Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A1 (beta-carotene beta-carotene from algae)	6000 mcg	607%
Vitamin C1 (ascorbic acid)	165 mg	162%
Vitamin E2 (d-alpha-tocopherol)	25 mg (1000 IU)	125%
Vitamin E2 (d-alpha-tocopherol from sunflower seed oil)	20 mg	134%
Vitamin K2 (Menaquinone-7) (MK-7) (soybean)	80 mcg	67%
Thiamin (benfotiamine) (fat-soluble form of vitamin B1)	67 mg	551%
Riboflavin (flavinine-5-phosphate)	2.5 mg	162%
Niacin (nicotinamide)	25 mg	156%
Vitamin B6 (pyridoxin-5-phosphate)	2.5 mg	147%
Folate from (6S)-5-methyltetrahydrofolate acid (MTHF), gamma-methylcobalamin	180 mcg (180 mcg DFE)	340%
Vitamin B12 (methylcobalamin)	400 mcg	16,667%
Phosphorus (beta-D-glucosamine)	10 mg	200%
Calcium (organic acid, calcium ascorbate)	50 mg	4%
Magnesium (magnesium)	150 mg	100%
Iron (ferrous sulfate, ferrous gluconate, aspartate, succinate)	25 mg	4%
Zinc (zinc)	15 mg	125%
Selenium (selenium, selenomethionine) (Amino acid) (beta)	100 mcg	162%

**100% VERIFIED NON-GMO**

**Supplement Facts**

Serving Size 2 Pure Food Multivitamin<sup>SM</sup> Tablets  
 Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A1 (beta-carotene beta-carotene from algae)	12,000 IU	20%
Vitamin C1 (ascorbic acid)	330 mg	20%
Vitamin E2 (d-alpha-tocopherol)	500 mg	20%
Vitamin E2 (d-alpha-tocopherol from sunflower seed oil)	40 mg	20%
Vitamin K2 (Menaquinone-7) (MK-7) (soybean)	160 mcg	20%
Vitamin K2 (Menaquinone-7) (MK-7) (soybean)	80 mg	10%
Thiamin (benfotiamine) (fat-soluble form of vitamin B1)	134 mg	10%
Riboflavin (flavinine-5-phosphate)	5 mg	20%
Niacin (nicotinamide)	50 mg	20%
Vitamin B6 (pyridoxin-5-phosphate)	5 mg	20%
Folate from (6S)-5-methyltetrahydrofolate acid (MTHF), gamma-methylcobalamin	360 mcg	20%
Vitamin B12 (methylcobalamin)	800 mcg	20%
Phosphorus (beta-D-glucosamine)	20 mg	20%
Calcium (organic acid, calcium ascorbate)	100 mg	4%
Magnesium (magnesium)	300 mg	20%
Iron (ferrous sulfate, ferrous gluconate, aspartate, succinate)	50 mg	4%
Zinc (zinc)	30 mg	20%
Selenium (selenium, selenomethionine) (Amino acid) (beta)	200 mcg	20%

**100% VERIFIED NON-GMO**

**plant a seed & see what grows FOUNDATION**

**\$2** from the purchase of each bottle goes to...

[www.seewhatgrows.org](http://www.seewhatgrows.org)

1-888-555-1111  
 Made with 100% recycled material.

**Imagine** getting the benefit of a whole growing season in one tablet

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We ensure the processing temperature always stays below 118°F. The end result is raw nutrition from whole plants, capturing all the vibrant energy and goodness of nature.

Even when you grow certified organic non-GMO plants, it's important to verify that there are no GMOs or other contaminants present. We excel at making sure that every possible test has been conducted to ensure you receive the safest, most beneficial products possible.

**NATURAL SEAL**

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