

NORWEGIAN GOLD[®]

THE ADVANCED FISH OILS

FIRST OMEGA

ULTRA-CONCENTRATED Essential Omega-3
600 mg Fish Oil | 450 mg of Omega-3



60 NATURAL ORANGE FLAVOR
ENTERIC-COATED SOFTGELS
OMEGA-3 SUPPLEMENT

Directions: For best results take 1 softgel daily, with or without food, or as directed by your healthcare professional. To maximize your intake of First Omega, take 2 softgels daily.

Supplement Facts

Serving Size: 1 Fish Gelatin Softgel Servings Per Container: 60

	Amount Per Softgel	Amount Per 2 Softgels	%DV**
Calories	6	12	
Calories from Fat	5	10	
Total Fat	0.6 g	1.2 g	<1%
Saturated Fat	.04 g	.08 g	<1%
Trans Fat	0g	0 g	---
Total Omega 3-6-7-8-9-11	520 mg	1,040 mg	---
Omega-3	450 mg	900 mg	---
EPA (Eicosapentaenoic Acid)	236 mg	472 mg	---
DHA (Docosahexaenoic Acid)	118 mg	236 mg	---
Other Omega-3s	96 mg	192 mg	---
Whole Omega Complex			
Omega-5-6-7-8-9-11	67 mg	134 mg	---
Lipase (activity 40 FIP)	3 mg	6 mg	---

** Percent Daily Values (DV) are based on a 2,000 calorie diet for 1 softgel
*** Daily Value not established
Less than 5mg of Cholesterol per softgel.

Ingredients: Molecularely distilled purified fish oils (from anchovies and sardines).
Other ingredients: Fish gelatin, vegetable glycerin, beeswax, natural orange flavor, caramel color, sunflower lecithin, mixed vitamin E tocopherols (natural flavor protector), enteric coating (cellulose, coconut oil, alcohol, sodium stearate, stearic acid, purified water).

Distributed by: Renew Life Formulas
Palm Harbor, FL 34683
Questions? 1-800-830-1800 or support@renewlife.com
www.renewlife.com or www.norwegiangoldfishoils.com

Purified and third-party tested to exceed all published U.S. and international standards for PCBs, dioxins, heavy metals, and pesticides.

Store in a dry place at 59-86°F (15-30°C).

Quality, purity, and potency guaranteed through expiration. KEEP OUT OF REACH OF CHILDREN.

Consult your healthcare professional before using this or any product if you are trying to conceive, taking medication, or have a medical condition.

MANUFACTURED IN USA IN A GMP FACILITY.

TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

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Health Benefits of Omega-3*

Scientific research confirms that taking Omega-3 fish oil is good for your heart because Omega-3s support healthy cholesterol, triglyceride, and blood pressure levels already in the normal range.* Omega-3s also support the body's normal inflammatory response and promote optimal blood vessel, brain, and joint health.*

450 mg Omega-3



600 mg Purified Fish Oil

Norwegian Gold First Omega
provides 450 mg of Omega-3
per softgel.

What Makes Norwegian Gold Omega-3 Fish Oils So Advanced?

Each Norwegian Gold softgel provides all the benefits of expertly formulated, highly absorbable Omega-3 fish oils and so much more.

- ✓ Highest potency of Omega-3s per softgel
- ✓ Burp-free formula
- ✓ Enhanced digestion and absorption with lipase and enteric coating*
- ✓ One softgel per day
- ✓ Certified highest 5-star purity rating by IFOS
- ✓ Sourced from abundant non-endangered fish
- ✓ Fresh-Assure glass bottle to protect softgels from damaging light and moisture
- ✓ Fish gelatin softgels

When Purity Matters Most

This product has received the highest 5-star rating from the International Fish Oil Standards (IFOS) program, the world leader in Omega-3 testing. This certifies that each batch exceeds all U.S. and international pharmaceutical standards for **freshness, purity, and potency.**

Visit the IFOS website at www.ifosprogram.com to monitor the test results of this and every batch of Norwegian Gold Advanced Fish Oils.



ULTRA-CONCENTRATED Essential Omega-3
600 mg Fish Oil | 450 mg of Omega-3

MAY REDUCE RISK OF HEART DISEASE*

- Supports Healthy Brain Function*
- One Small Easy-to-Swallow Fish Gelatin Softgel Per Day
- BURP-FREE Formula



60 NATURAL ORANGE FLAVOR
ENTERIC-COATED SOFTGELS
OMEGA-3 SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

No Fishy Aftertaste Plus Increased Omega-3 Absorption*

Enteric coating helps each Norwegian Gold softgel bypass the stomach to release in the intestines for no fishy aftertaste and better absorption of the Omega-3s.*

Natural Lipase is added to further aid in Omega-3 absorption. Lipase is essential for oil digestion, yet other fish oils lack this powerful fat-splitting enzyme.*



*Supportive but not conclusive research shows that consumption of EPA & DHA Omega-3 fatty acids may reduce the risk of coronary heart disease.

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