

To report a serious adverse event, or for product information, contact 1-800-234-8686

SUGGESTED USAGE: As a dietary supplement, take one Vcap® daily, preferably with meals. **Caution:** Persons living in areas of high soil selenium, such as the Dakotas, should consult a physician prior to use.

Selenium is an essential trace mineral that is found naturally in Brazil nuts, organ meats, seafood and wheat germ.

Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

DOUGLAS



COOPER CO.

SELENIUM

200 mcg

Yeast-Free

DIETARY SUPPLEMENT

90 VCaps®

DISTRIBUTED BY: DOUGLAS COOPER CO.
377 Ridge Point Dr, CARMEL, IN 46032

Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Selenium (as L-Selenomethionine)	200 mcg	286%

Other ingredients: Rice Flour, Cellulose (capsule) and Magnesium Stearate (vegetable source).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Store in a cool, dry place. Please Recycle.