

To report a serious adverse event, or for product information, contact 1-800-234-8686

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

tion.*

Suggested Usage: Take 1 tablet daily with a meal.

Kelp is a large, leafy seaweed belonging to the brown algae family that grows in "forests" in the colder waters of the world's oceans. Kelp has been used for centuries as an important nutritious staple ingredient in Chinese, Japanese, and Korean cuisines. It is also an excellent source of iodine, which has been shown to be essential for healthy thyroid function.*

DOUGLAS



COOPER CO.

KELP

**Natural Iodine Supplement
from the Sea**

**DIETARY SUPPLEMENT
200 Tablets**

DISTRIBUTED BY:

DOUGLAS COOPER CO., CARMEL, IN 46032

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Iodine (from Organic Kelp) (<i>Laminaria spp.</i>) (Whole Plant)	150 mcg	100%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Vegetarian Coating.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

**Non-
GMO**