

SAFETY SEALED. DO NOT USE IF
PRINTED SEAL UNDER CAP IS CUT,
TORN, OR MISSING.

**SATISFACTION GUARANTEED
OR YOUR MONEY BACK.**

WARNING: Pregnant or nursing women
and individuals taking any medication(s),
or have an underlying health condition
should consult their physician before
using this product.

exchange
select



EVENING PRIMROSE OIL

500 mg concentrate

Standardized Herbal Extract

Herbal Supplement

Helps Support PMS Comfort*

120 Softgels

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains	% Daily Value
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Evening Primrose Oil 500 mg	**
Gamma-Linolenic Acid (GLA) 50 mg	**

**Daily Value (DV) not established.

INGREDIENTS: Evening Primrose Oil, Gelatin
(non-porcine), Glycerin, and Purified Water USP.

Herbs have a distinct natural odor and may vary in
color.

Directions: Take one softgel three times daily,
preferably with meals.

NO ARTIFICIAL COLORS OR FLAVORS

NO SALT • NO YEAST • NO STARCH

NO LACTOSE • NO SUGAR

NO CHEMICAL SOLVENTS

NO WHEAT • NO TRANS FAT

NO PRESERVATIVES • NO GLUTEN

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

Evening Primrose Oil is naturally rich in
Linoleic Acid (LA) and Gamma-Linolenic
Acid (GLA). LA is an essential dietary
nutrient, and GLA is a specialized
Omega-6 fatty acid that is highly
unsaturated. Cells convert GLA into
prostaglandins. With its GLA content,
Evening Primrose Oil may help support
premenstrual comfort.*

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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