

SUGGESTED USE: 1 SCOOP (15 G) MIXED WITH 8 OZ. OF CHILLED WATER OR BEVERAGE OF CHOICE, OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

WARNING: IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, OR ARE PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE & CONSULT YOUR HEALTHCARE PRACTITIONER.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.



Manufactured For:
Moss Nutrition
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*Comprehensive Blend of
Soluble & Insoluble Fibers*

Dietary Supplement
Net Wt: 450 g (15.9 oz)

Supplement Facts

Serving Size: 1 scoop, (15 grams/.53 oz)
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrate	13 g	5%*
Dietary Fiber	10 g	35%*
Soluble Fiber	7 g	**
Insoluble Fiber	3 g	**
Sugars	2 g	**
Includes 2g Added Sugars		4%
Vitamin A (as beta carotene)	375 mcg	42%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg	67%
Sodium	5 mg	<1%
Potassium	20 mg	<1%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: Fiber blend (maltodextrin (non-GMO), oat fiber, polydextrose, acacia gum, purified cellulose, inulin, cellulose gel, guar gum, fenugreek fiber, citrus pectin, apple fiber, barley beta glucans), cane sugar, citric acid, natural flavors, medium chain triglycerides, soy lecithin, beta carotene (color), beet juice (color), *Lactobacillus acidophilus*, stevia leaf extract.

Contains milk (from *L. acidophilus*) and soy. Manufactured in a facility that processes milk, soy, eggs, nuts and wheat.

Does not contain gluten.