

SAFETY SEALED. DO NOT USE IF
PRINTED SEAL UNDER CAP IS CUT,
TORN, OR MISSING.

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.



exchange
select



Natural

COD LIVER OIL

VITAMIN A 1250 IU
VITAMIN D 133 IU

Dietary Supplement

For Healthy Eyes & Immune System*

100 Softgels USP

Made to U.S. Pharmacopeia (USP) quality, purity,
and potency standards. Laboratory tested to
release nutrients within 45 minutes.

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains	% Daily Value
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Vitamin A 1250 IU	25%
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Vitamin D 133 IU	33%
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INGREDIENTS: Cod Liver Oil, Vitamin A Palmitate,
Cholecalciferol, Gelatin, Purified Water USP, Glycerin.

Contains: Fish (Cod) and Soy.

Directions: Take one softgel one to three times daily,
preferably with meals.

NO ARTIFICIAL COLORS OR FLAVORS

NO SALT • NO YEAST • NO STARCH

NO LACTOSE • NO SUGAR

NO CHEMICAL SOLVENTS

NO WHEAT • NO TRANS FAT

NO PRESERVATIVES • NO GLUTEN

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

Cod Liver Oil is an excellent source of
vitamins A & D. Vitamin A supports
healthy eyes, skin and immune system.
Vitamin D supports healthy bone
development and maintenance.*

Oil-Soluble Vitamins Capsules USP.

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728
Made in USA of US and imported
ingredients. ©2010
Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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USA641634