

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
IS CUT, TORN, OR MISSING.

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.



exchange
select



FOLIC ACID

400 mcg

Dietary Supplement
Essential for Red Blood Cells*

250 Tablets USP

Made to U.S. Pharmacopeia (USP) quality, purity,
and potency standards. Laboratory tested to dissolve
within 45 minutes.

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
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Folate 400 mcg	100%
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INGREDIENTS: Dicalcium Phosphate, Microcrystalline
Cellulose, Croscarmellose Sodium, Magnesium Stearate,
and Folic Acid.

Directions: Take one tablet daily as a dietary supplement.

NO ARTIFICIAL COLORS OR FLAVORS
NO YEAST • NO STARCH • NO SALT
NO CHEMICAL SOLVENTS • NO LACTOSE
NO WHEAT • NO TRANS FAT • NO SUGAR
NO PRESERVATIVES • NO GLUTEN

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

Research shows folate helps men and
women maintain normal cardiovascular
health.*

Adequate folate in healthful diets may
reduce a woman's risk of having a child
with a brain or spinal cord birth defect.

Folic Acid Tablets USP.

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

134523
BB765
USA641684