

Recommendation: Take 1 tablet 1 to 2 times daily with food.

Selenium is an essential trace mineral that is found naturally in Brazil nuts, organ meats, seafood, and wheat germ.

Warning: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Persons living in areas of high soil selenium, such as the Dakotas, should consult a physician prior to use. Keep out of reach of children.

Natural color variation may occur in this product.

New Sun, Inc.
Hendersonville, NC 28792
(800) 544-0777
www.mynewsun.com
Product # 62-0 V6.0



Selenium

100 mcg

Essential Mineral
Yeast-Free
Vegetarian/Vegan



Dietary Supplement

100 Tablets



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 100

	Amount Per Serving	% Daily Value
Selenium (from L-Selenomethionine)	100 mcg	182%

Other Ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

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Store in a cool, dry place after opening.