

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

A water-soluble vitamin, B-12 is essential for proper energy metabolism, nerve and mental function, red blood cell formation, and cardiovascular health.[†] It is important for everyone, but especially for vegans, vegetarians and seniors who tend to be lacking in B-12.

Prolonged release is an advanced manufacturing technique which allows nutrients to be released slowly (over approximately 2-4 hours) promoting optimal assimilation.

* SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

**PURITY • POTENCY
GUARANTEED**



To report a serious adverse event, call 1-888-710-0006

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**NATURAL
NUTRA**

Prolonged Release

B-12 1,000 mcg

Supports Metabolism and Healthy Red
Blood Cells[†]



60 VEGAN TABLETS

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin B12 (as cyanocobalamin) .. 1,000 mcg	41,667%
Calcium (from di-calcium phosphate)103 mg	8%

OTHER INGREDIENTS: CELLULOSE, STEARIC ACID (VEGETABLE SOURCE), SILICA, CALCIUM STEARATE (VEGETABLE SOURCE), GLYCERIN.

Formulated for Hurd Dynamics LLC, DBA Natural Nutra, Tampa, FL 33615 WWW.NATNUTRA.COM

SUGGESTED USE: Take one tablet daily.

KEEP OUT OF REACH OF CHILDREN.

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