

**SUGGESTED USE:** 1 CAPSULE PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

**WARNING:** IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, OR ARE PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE AND CONSULT YOUR HEALTHCARE PRACTITIONER.

Manufactured For:  
Moss Nutrition  
Products, Inc.  
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Hadley, MA 01035  
800-851-5444



[WWW.MOSSNUTRITION.COM](http://WWW.MOSSNUTRITION.COM)

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



*Support for Healthy Methylation\**

Dietary Supplement  
120 Vegetarian Capsules

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 120

	Amount Per Serving	% Daily Value
Folate (as [6S]-5-Methyltetrahydrofolate, calcium salt)	1000 mcg DFE	250%

**Other ingredients:** Microcrystalline cellulose, hypromellose (capsule), vegetable stearate, silicon dioxide.

**Does not contain gluten.**

KEEP OUT OF REACH OF CHILDREN.  
STORE SEALED IN A COOL, DRY PLACE.