

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

SUGGESTED USE: Take one capsule with water 30 minutes prior to bedtime.

Our Ultimate Sleep Formula is a 4 part vitamin-mineral-amino acid-herbal combination to encourage natural, restful sleep.<sup>†</sup> Two B vitamins play key roles in the production of adrenal hormones and essential neurotransmitters that regulate sleep patterns.<sup>†</sup> Magnesium aids in calming the nerves and relaxing the muscles, which in turn can help individuals fall asleep.<sup>†</sup> GABA is an amino acid that calms an over-excited brain, and L-Theanine, also an amino acid, stimulates the brain's production of relaxing alpha waves.<sup>†</sup> Lastly, four traditional herbs are included — chamomile, passion flower, hops, and lemon balm — long used to reduce anxiety and aid sleep.<sup>†</sup>

PURITY + POTENCY  
GUARANTEED



To report a serious adverse event, call 1-888-710-0006

<sup>†</sup>THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NATURAL  
NUTRA™

## ULTIMATE SLEEP FORMULA

with Calming Botanical Complexes<sup>†</sup>  
Supports Healthy Sleep<sup>†</sup>



50 VEGAN CAPSULES

DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size 1 Capsule  
Servings Per Container 50

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine HCl) .....	1 mg	59%
Pantothenic Acid (as calcium pantothenate) ...	50 mg	1,000%
Magnesium (citrate) .....	40 mg	10%
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GABA (gamma amino butyric acid) .....	180 mg	*
L-Theanine .....	120 mg	*
Chamomile (flowers) .....	75 mg	*
Passion Flower Extract .....	20 mg	*
Hops Extract (Humulus Lupulus 4:1) Flower.....	20 mg	*
Lemon Balm (leaf) .....	10 mg	*

\* Daily Value not established.

OTHER INGREDIENTS: VEGETABLE CAPSULE (CELLULOSE), CELLULOSE, MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA.

Formulated for Hurd Dynamics LLC, DBA Natural Nutra, Tampa, FL 33615 [WWW.NATNUTRA.COM](http://WWW.NATNUTRA.COM)

KEEP OUT OF REACH OF CHILDREN.

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