

Increase Dietary Fiber Intake to Support Optimal Gut Health†

Consuming a low fat, high fiber diet has positive health benefits.† Our Super Fiber Tabs includes three sources of fiber, supporting colon health and regularity by adding fiber and bulk to the diet.†

SUGGESTED USE: Take three tablets, 30 minutes prior to meals with at least 8 oz. of water. Because this product contains fiber, it is recommended to consume adequate fluids throughout the day.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

NOTICE:

This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing.

**PURITY + POTENCY
GUARANTEED**



To report a serious adverse event, call 1-888-710-0006

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NATURAL NUTRA™

SUPER FIBER TABS

Supports Colon Health and Regularity†



100 VEGAN TABLETS

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 3 Tablets
Servings Per Container 33.3

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrates	2 g	1%**
Dietary Fiber	2 g	7%**
Oat Fiber	1.35 g	*
Guar Gum	450 mg	*
Psyllium Husks	450 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet

OTHER INGREDIENTS: CELLULOSE, STEARIC ACID (VEGETABLE SOURCE), MODIFIED CELLULOSE GUM, SILICA, MAGNESIUM STEARATE (VEGETABLE SOURCE).

Formulated for Hurd Dynamics LLC, DBA Natural Nutra, Tampa, FL 33615 WWW.NATNUTRA.COM

KEEP OUT OF REACH OF CHILDREN.