

CONTAINS NO artificial colors, flavors or preservatives; no soy, wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Suitable for vegans.

Directions: Add two tablespoons daily to food or drinks of your choice. Keep container tightly closed in a cool, dry place.

Although lecithin is a lipid, it is partially water soluble and can help disperse fats due to its role as an emulsifying compound. These sunflowers have never been genetically modified, and are a rich source of phosphatidyl choline and inositol, key factors in learning and memory.[†] Performance athletes appreciate the energy boost from lecithin without high fat and sugar content. Sunflower Lecithin Powder has a light, pleasant flavor and is excellent in cooking to improve texture. Try this on fresh and cooked foods, or even sprinkle a teaspoon in pet's food for a healthy treat. Sunflower lecithin begins as a liquid with natural color variances. This product will vary in color with no effect on the quality. Also due to the all-natural composition and variation of sunflowers, separation is likely to occur, resulting in darker colored lecithin granules that may clump without any effect on product potency or quality. This container is filled by weight, not volume, color variation, clumping, and settling may occur.

NOT INTENDED FOR CHILDREN UNDER 6 YEARS

PURITY + POTENCY
GUARANTEED



To report a serious adverse event, call 1-888-710-0006

WARNING: This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NATURAL
NUTRA

SOY FREE

SUNFLOWER LECITHIN

Vegan

Supports Brain & Liver Health, Energy Levels, and Lipid Balance[†]



NET WT 8 OZ (227 g)

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: Two Heaping Tablespoons (15 grams)

Servings Per Container: About 15

Amount Per Serving	% Daily Value	
Calories	90	
Total Fat	10 g	13%*
Saturated Fat	3 g	15%*
Polyunsaturated Fat	4 g	**
Monounsaturated Fat	2 g	**
Total Carbohydrate	1 g	<1%*
Sodium	40 mg	2%
Choline	240 mg	44%
Iron	1 mg	6%

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Formulated for Hurd Dynamics LLC, DBA Natural Nutra, Tampa, FL 33615 WWW.NATNUTRA.COM

KEEP OUT OF REACH OF CHILDREN.

VWL 174-8D PW