

Directions: Take 1-2 vegetarian capsule preferably with breakfast or as directed by your qualified health care professional.

Quality • Purity • Potency

Paradise products have won over a decade of Best of Supplements Awards. We are dedicated to sourcing premium ultra pure ingredients that meet the highest standards of excellence.**

Nature Synergized™ with Real Whole-Food Goodness

Paradise Earth's Blend B-Complex is truly a Nature Synergized superfood. It provides enzymatically active forms of critical B vitamins B-1, B-2, B-6, Folic Acid and B-12. Our formula uses real whole-food goodness paired with vitamins, probiotics and anti-stress adaptogens to go beyond mere deficiencies and help support overall whole system health. B vitamins are essential for the metabolism and the production of energy from foods. B vitamins need to be replenished as they are water soluble and easily excreted from the body.**

WARNING: As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

**These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Earth's Blend® B-COMPLEX

With Nature's C

Alkalizing Superfood Formula with Stress & Energy Adaptogens



Supplement Facts			Serving Size: 2 Vegetarian Capsules			Servings Per Container: 60		
Amount Per Serving		% D/V	Amount Per Serving		% D/V			
Vitamin B-1 (as Benfotamine).....	10 mg	667%	Stress & Energy Adaptogens (Extracts) 33 mg* Cordyceps Cs-4 8:1 extract (7% cordyceptic acid) Eleuthero root bark 50:1 extract Reishi fruiting body hot water extract Rhodiola root 10:1 extract Jiaogulan/Gynostemma aerial part extract Agaricus fruiting body hot water extract Maitake fruiting body hot water extract Shiitake fruiting body hot water extract Holy Basil leaf extract Ashwagandha root extract Astragalus root extract Schisandra berry extract Goji/Lycium berry extract American Ginseng extract Suma root extract Licorice root extract Ginger rhizome extract Tangerine Peel extract (Chen pi) Organic Maca Root Milk Thistle seed extract (80% silymarin) Turmeric rhizome exytract Artichoke leaf extract Cinnamon bark extract Organic Green & White Tea extract Grape seed extract					
Vitamin B-1 (as Thiamin Mononitrate).....	10mg	667%						
Vitamin B-2 (as Riboflavin-5-Phosphate).....	50 mg	2940%						
Vitamin B-3 Niacin (as Niacinamide).....	50 mg	250%						
Vitamin B-6 (as Pyridoxal-5-Phosphate).....	50 mg	2500%						
Folate (as L-Methylfolate).....	400 mcg	100%						
Vitamin B-12 (as Methylcobalamin).....	500 mcg	8335%						
Biotin.....	300 mcg	100%						
Vitamin B-5 (as Calcium Pantothenate).....	50 mg	500%						
Choline Bitartrate.....	50 mg	100%						
Inositol.....	50 mg	1667%						
Nature's C® Veggie Berry Blend 75 mg*								
Quercetin, Organic Acerola berry, Organic Camu Camu, Organic Amla fruit, Organic Acai, Organic Go Ji berry, Organic Spinach, Organic Broccoli sprout, Organic Parsley, Organic Kale, Organic Tomato, Organic Strawberry, Organic Raspberry, Organic Blueberry, Organic Tart Cherry, Organic Pomegranate, Organic Cranberry								
Organic Alkalizing Green Juice Powders 65 mg*								
Wheat grass, KAMUT® khorasan wheat, Alfalfa grass, Barley grass, Oat grass, (All organic grass juice powders)								
Organic Aqua Superfoods 47 mg*								
Organic Spirulina, Organic Chlorella								
Probiotics (d. free -90 million at time of mfg.) 31 mg* L. Acidophilus, L. Casei Rhamnosus, B. Longum, S. Thermophilus, L. Plantarum. Prebiotics- Oat beta-glucan fiber, Beet fiber, Inulin FOS (Chicory)								
*Daily Value not established								

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Other Ingredients: Vegetarian Capsule (plant cellulose). No fillers, binders or common allergens.
Formulated and distributed by Paradise Herbs & Essentials, Inc.
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