

Pure Pack

Comprehensive daily packet providing core nutrients, vitamin D_3 , CoQ_{10} , fish oil and resveratrol

Dietary Supplement

Recommendations: As a dietary supplement, take 1 packet daily (7 capsules), with a meal.

www.PureEncapsulations.com



Ultra Pure Pack

Comprehensive daily packet providing core nutrients, vitamin D_3 , CoQ_{10} , fish oil and resveratrol*



with Metafolin® L-5-MTHF

Gluten-free & Non-GMO

Dietary Supplement 30 PACKETS

Supplement Facts Serving size 1 packet (7 capsules) Servings per container 30			Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%	Ginger (Zingiber officinale) extract (root)	50 mg	*
			Biotin	400 mcg	1,333%	(standardized to contain 5% gingerols)	50 mg	*
			Pantothenic acid (as calcium pantothenate) (B ₅)	200 mg	4,000%	Milk thistle (<i>Silybum marianum</i>) extract (seed) (standardized to contain 80% silymarin)		
	Amount Per Serving	% DV	Calcium (as calcium citrate/malate)	150 mg	12%		100	-
Calories	10		Magnesium (as magnesium aspartate)	100 mg	24%	Turmeric (Curcuma longa) extract (root) (standardized to contain 95% curcuminoids)	100 mg	
Total fat	1 g	1%^	Zinc (as zinc picolinate)	12.5 mg	114%	Setria® glutathione (reduced form)	25 ma	*
Cholesterol	< 5 mg	< 2%^	Selenium (as selenomethionine)	100 mcg	182%	Trans-resveratrol (as Japanese knotweed	100 mg	
Vitamin A (as beta carotene)	3,750 mog	417%	Copper (as copper glycinate)	1 mg	111%	(Polyaonum cuspidatum) extract (root))	100 mg	
Vitamin C (as ascorbyl palmitate)	25 mg	28%	Manganese (as manganese aspartate)	2.5 mg	109%	Red wine grape (Vitis vinifera)	50 mg	*
	35 mcg (1,400 IU)	175%	Chromium (as chromium polynicotinate)	250 mcg	714%	concentrate (whole fruit) (standardized to contain 25% total polyphen	ole)	
Vitamin E (as d-alpha tocopherol succinate	134 mg	893%	Molybdenum (as molybdenum aspartate)	50 mcg	111%	Grape (Vitis vinifera) extract (seed)	50 ma	*
and natural tocopherols)			Potassium (as potassium aspartate)	50 mg	1%			
Thiamin (as thiamin HCI) (B ₁)	amin HCI) (B ₁) 50 mg 4,167		Boron (as boron glycinate)	1 mg	*	Fish oil concentrate	1,000 mg	*
Riboflavin (as vitamin B ₂ and 34.7 mg 2,6 28% riboflavin 5' phosphate (activated B ₂))		2,669%	Vanadium (as vanadium aspartate)	100 mcg	*	(from anchovies, sardines, mackerel) providing:		
		Proprietary mixed carotenoid blend	722 mcg	*	EPA (eicosapentaenoic acid)	300 mg	*	
Niacin (as niacinamide and 86 mg 42% inositol hexaniacinate (no-flush niacin))		538%	(as lutein, lycopene, zeaxanthin)			DHA (docosahexaenoic acid)	200 mg	*
Vitamin B _c (as pyridoxine HCl and 20.9 mg 1,229% 40% pyridoxal 5' phosphate (activated B _o)) Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE (400 mcg L-5-MTHF) 167% (400 mcg L-5-MTHF) (1.0000/	Alpha lipoic acid (thioctic acid)	50 mg	*	*Daily value not (DV) established		
		Coenzyme Q ₁₀	85 mg	*	^ Percent daily values are based on a 2,000 calorie diet			
		Hawthorn (<i>Crataegus</i> spp.) extract (flower and leaf)	50 mg	*				

Other ingredients: vegetarian capsule (cellulose, water), gelatin capsule (gelatin, glycerin, water), hypoallergenic plant fiber (cellulose)

Contains fish (anchovies, sardines, mackerel)

This statement has not been evaluated by the Food and Drug Administration. This product is

not intended to diagnose, treat, cure, or prevent any disease.

STORE IN A COOL, DRY PLACE. Recommendations: As a dietary supplement, take 1 packet daily

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Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

(7 capsules), with a meal.

Keep out of the reach of children

Scan to learn about labeling. Please rely on our hypoallergenic stated quantity.