

Typical Fatty Acid composition:

Alpha-Linolenic Acid (ALA)440 mg
Linoleic Acid (LA) 120 mg
Oleic Acid142 mg

SUGGESTED USE: Take one softgel up to six times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Flaxseed oil is nature's richest vegetarian source of the essential fatty acids, ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health.†

Our Flaxseed Oil is made from organic flax seeds and is cold pressed, unfiltered, unbleached and free of hexane.

The flax seeds in this product do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics.

* SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

PURITY + POTENCY
GUARANTEED



To report a serious adverse event, call 1-888-710-0006

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NATURAL
NUTRA

Cold-Pressed and Hexane-Free

FLAXSEED OIL 1,000 mg

Made with Organic Flaxseeds



90 SOFTGELS

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value	
Total Calories	10	
Total Fat	1 g	1%*
Organic Flaxseed Oil	1,000 mg	**

* Percent Daily Values based on a 2,000 calorie diet. ** Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), GLYCERIN, PURIFIED WATER.

Formulated for Hurd Dynamics LLC, DBA Natural Nutra, Tampa, FL 33615 WWW.NATNUTRA.COM



This product is certified organic by Quality Assurance International (QAI) 131

KEEP OUT OF REACH OF CHILDREN.