

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
IS CUT, TORN, OR MISSING.

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.



exchange
select



Natural
VITAMIN B¹²
500 mcg

Dietary Supplement
For Healthy Blood Cells*

100 Tablets

Laboratory tested to release nutrient within 30
minutes.

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
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Vitamin B12 500 mcg	8333%
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INGREDIENTS: Lactose, Stearic Acid, Magnesium
Stearate, Cyanocobalamin, Carmine (as a color additive).

Contains: Milk Sugar (Lactose).

Directions: Take one tablet daily with the meal of
your choice.

NO ARTIFICIAL COLORS OR FLAVORS

NO YEAST • NO SUCROSE • NO SALT

NO CHEMICAL SOLVENTS

NO WHEAT • NO TRANS FAT

NO PRESERVATIVES • NO GLUTEN

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

Vitamin B12 contributes to normal brain
and nervous system functions.*

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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BB393H
USA641682