SUGGESTED USE: 1 CAPSULE, 1 OR 2 TIMES PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL. WARNING: DO NOT USE IF PREGNANT

OR NURSING. IF YOU ARE TAKING MEDICATION, OR HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE & CONSULTYOUR HEALTHCARE PRACTITIONER.

Manufactured For:

Manufactured For: Moss Nutrition Products, Inc. 380 Russell Street Hadley, MA 01035 800-851-5444



MOSS NUTRITION

Ashwagandha Select™

7% Withanolides

Stress Balancing Adaptogen\*

Dietary Supplement 90 Vegetarian Capsules

## **Supplement Facts**

Serving Size: 1 Capsule Servings Per Container: 90

Ashwagandha whole plant extract 500 mg (Withania somnifera) (7% Withanolides) \*\*

Other ingredients: Cellulose (capsule), microcrystalline cellulose, silicon dioxide, vegetable stearate.

Does not contain gluten.

\*\* Daily Value not established.

KEEP OUT OF REACH OF CHILDREN. STORE SEALED IN A COOL, DRY PLACE.

WWW.MOSSNUTRITION.COM