



Lot # & Expiration Date
Printed on bottom of bottle. V1R1
NOBI-WFMM-200-1

SUGGESTED USE: As a dietary supplement, adults take one (1) tablet daily preferably with a meal or as recommended by a physician.

CAUTION: If you are pregnant, nursing, taking any medication or have any medical condition, consult your doctor before use. Keep out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Store in a cool, dry place.

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Distributed by:
Nobi Nutrition
427 N Tatnall Street
Wilmington, DE 19801

WOMEN'S COMPLETE MULTIVITAMIN



Once Daily

Women's Multi

With Clinically Proven Quali®-C

Whole Food Multivitamin & Mineral

DIETARY SUPPLEMENT

30 VEGAN
TABLETS



Supplement Facts

Serving size: 1 tablet
Servings per container: 30

Amount per serving %DV			Amount per serving %DV		
Vitamin A (beta-carotene)	900 mcg	100%	Iodine (from kelp)	100 mcg	67%
Vitamin C (as Quali®-C ascorbic acid)	90 mg	100%	Magnesium (as magnesium oxide & citrate)	100 mg	24%
Vitamin D (as Vitashine™ vegan cholecalciferol from lichen)	20 mcg	100%	Zinc (as zinc amino acid chelate)	10 mg	91%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	101%	Selenium (as selenomethionine)	50 mcg	91%
Vitamin K (as menaquinone-7)	120 mcg	100%	Copper (as copper amino acid chelate)	0.5 mg	56%
Thiamine (vitamin B1) (as thiamine mononitrate)	1.2 mg	100%	Manganese (as manganese sulfate)	1.5 mg	65%
Riboflavin (vitamin B2)	1.3 mg	100%	Chromium (as chromium polynicotinate)	30 mcg	86%
Niacin (as niacinamide)	16 mg	100%	Molybdenum (as molybdenum krebs)	40 mcg	89%
Vitamin B6 (as pyridoxal-5-phosphate)	1.7 mg	100%	Fruit and Vegetable Blend:		
Folate (as Quatrefolic® (6S)-5-methyltetrahydro folate glucosamine salt)	668 mg DFE	167%	Carrot Herb (<i>Daucus carota</i>)	10 mg	**
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%	Blueberry Fruit (<i>Vaccinium corymbosum</i>)	10 mg	**
Biotin	30 mcg	100%	Kale (<i>Brassica oleracea</i>)	10 mg	**
Pantothenic acid (as d-calcium pantothenate)	5 mg	100%	Pomegranate Fruit/Seed (<i>Punica granatum</i>)	10 mg	**
Calcium (as dicalcium phosphate & Aquamin® marine algae)	100 mg	8%	Raspberry Leaf (<i>Rubus idaeus</i>)	10 mg	**
Phosphorus (as dicalcium phosphate)	70 mg	6%	Spinach Leaf (<i>Spinacia oleracea</i>)	10 mg	**

** % Daily Value (DV) not established.

Other Ingredients: Modified Cellulose Gum, Vegetable Stearates, Sodium Citrate, Silicon Dioxide, Clear Vegetable Coating: Hypromellose, Glycerine.