

SUGGESTED USE: 1 capsule daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed exclusively by
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Proudly Made in
the USA



Manufactured in a GMP
Certified Facility



Vitamin B Complex with Biotin

Nutritional Support

DIETARY SUPPLEMENT



60 CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
Vitamin B-1 (thiamine mononitrate)	50 mg 3333%
Vitamin B-2 (riboflavin)	40 mg 2353%
Niacin	100 mg 500%
Vitamin B-6 (pyridoxine HCl)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (methylcobalamin)	400 mcg 6667%
Biotin	300 mcg 100%
Pantothenic Acid (d-cal. pantothenate)	50 mg 500%
Choline Bitartrate	200 mg *
Inositol	250 mg *

*Daily Value not established.

Other ingredients: Gelatin (bovine), vegetable magnesium stearate and silicon dioxide.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING. STORE IN A COOL, DRY PLACE.**



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