

NOURISH & DETOXIFY

Our Organic Kale Powder preserves the abundant health benefits of this popular green superfood in a convenient, highly concentrated form. Bursting with nutrients, our fresh freeze-dried, certified organic powder brings you the very best of this well-loved veggie favorite.+

SUGGESTED USE: Mix 1 tsp with 4-6 oz filtered water or juice in a lidded jar and shake briskly, or add to your favorite smoothie. For more recipe ideas, visit our website and follow us @pure_synergy.

+These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Synergy Company™

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Certified Organic by Oregon Tilth



Certified Kosher



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**Kale
ORGANIC
FREEZE-DRIED POWDER**

Dietary Supplement - 2.3 oz (65 g) Powder



Supplement Facts

Serving Size: 1 tsp (1.4 g)

Servings per Container: 45

	Amount per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1**
Vitamin A (100% as beta-carotene)	315 IU	6
Vitamin C	2 mg	4
Vitamin K1	61 mcg	76
Calcium	25 mg	2
Organic Kale Freeze-Dried Powder	1,400 mg	‡

**Percent Daily Values Based On A 2,000-Calorie Diet

‡ Daily Value Not Established

No GMOs, Dairy or Gluten

PSOKVI

For optimal freshness, use a dry spoon and close lid tightly after each use. If some caking should occur from natural humidity, not to worry, the powder's benefits will not be compromised.

Packaged by weight, not volume. Contents may settle.