

ESSENTIAL NUTRIENT

Our Choline Complex™ is uniquely fermented and made with wholesome organic vegetables and sprouts, delivering a healthy, essential, and highly nutritious boost for your overall health. Feel the difference!+

SUGGESTED USE: 1 tablet once or twice daily with or without food.

+These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Synergy Company™

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Certified Organic by Oregon Tilth



Choline Complex™

**MADE WITH ORGANIC
VEGETABLES & BROCCOLI SPROUTS**

Dietary Supplement - 60 Tablets

Supplement Facts

Serving Size: 1 tablet

Servings per Container: 60

	Amount per Serving	% Daily Value
Choline [‡]	275 mg	50%
Organic Whole-Food Complex	200 mg	‡
Barley Grass Leaf*, Collard Green Leaf*, Broccoli Sprouts*, Cauliflower Sprouts*, Cabbage Sprouts*, Arugula Sprouts*		

[‡] Cultured in a fermented food matrix: organic soy, organic acacia, organic *Saccharomyces cerevisiae*, organic maltodextrin, *L. acidophilus*, papain & bromelain enzymes

* Certified Organic

‡ Daily Value Not Established

Other Ingredients: Certified organic acacia, certified organic rice hulls, certified organic vegetarian tablet coating

Contains: Certified organic fermented soy

In just one tablet, Choline Complex™ offers 50% of the Daily Value for choline, a vital nutrient recently designated as essential for human health. It is estimated that 90% of Americans are not meeting their choline requirement through diet alone. Supplementation with Choline Complex™ can help overcome the "choline gap."