

Suggested Use: As a dietary supplement, adults take one (1) softgel daily, with food, or as recommended by a healthcare professional.

Warning: Do not use if you are pregnant, attempting to become pregnant, or nursing. Consult a healthcare professional before using this or any other dietary supplement, especially if you have or suspect you may have any medical condition, or if you are taking any other dietary supplement, prescription, or over-the-counter medications, as combining these products may cause side effects. Discontinue use and immediately call a healthcare professional if you experience any adverse reactions. Do not exceed recommended serving.

GMP GOOD MANUFACTURING PRACTICE

MADE IN USA ★

READ ENTIRE LABEL PRIOR TO USE. KEEP OUT OF REACH OF INDIVIDUALS UNDER THE AGE OF 18. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Vegan B12

**POWERFUL
CARDIOVASCULAR SUPPORT***

- ✓ Promotes Heart Health*
- ✓ Improves Cognitive Function*
- ✓ Supports Immune Health*

DOCTOR RECOMMENDED



30 Softgels | Dietary Supplement

1MD1017
1MD-1017-LBL

Email: support@1md.org
Visit: www.1md.org

QUESTIONS?
Call: (888) 393-4030

MANUFACTURED FOR:
1MD™ | Irvine, CA 92618

Supplement Facts

Serving Size: 1 Softgel | Servings Per Container: 30

AMOUNT PER SERVING		%DV
Vitamin B12	5000 mcg	20833
(as Methylcobalamin)		3%

Percent Daily Value based on a 2000-calorie diet.

Other Ingredients: Olive Oil, Tapioca Starch, Glycerine, Candelilla Wax, Natural Red Dye (from Beets and Natural Carotenoids), Sunflower Lecithin

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SHELLFISH-FREE

DAIRY-FREE

VEGAN

GLUTEN-FREE

NON-GMO

SUGAR-FREE

SOY-FREE

PRESERVATIVE-FREE