



Suggested Use: Take 2 capsules daily, preferably with a meal, or as directed by a physician.

Caution: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.

Keep out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

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**Wholesome
Story®**

Zinc

with Magnesium + Vitamin B6

Dietary Supplement
60 Vegetarian Capsules

Supplement Facts

Serving size: 2 Capsules
Servings per container: 30

Amount per serving		DV%
Vitamin B6 (as Pyridoxal-5-Phosphate)	50mg	2941%
Magnesium (as Glycinate)	120mg	29%
Zinc (as Picolinate)	30mg	273%

**Daily value (DV) not established

Other Ingredients: Methylcellulose Capsule

Manufactured for: Wholesome Story

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