

Suggested Use: Mix 1 scoop (2.05 g) with 8 oz of water and drink within 30 minutes. Drink daily, preferably with a meal, or as directed by a physician.

Caution: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.



**Wholesome
Story,**

Myo & D-Chiro Inositol

Powder

Dietary Supplement
Net wt. 6.5 oz (185 g)



Supplement Facts

Serving size: 1 scoop (2.05 g)

Servings per container: Approx. 90

Amount per serving		DV%
Myo-Inositol	2,000mg	**
D-Chiro Inositol (Caronositol®)	50mg	**

**Daily value not established