**Suggested Use:** Mix 1 scoop (2.05 g) with 8 oz of water and drink within 30 minutes. Drink daily, preferably with a meal, or as directed by a physician.

Caution: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.



## Myo & D-Chiro Inositol

Powder

Dietary Supplement Net wt. 2.17 oz (61.5 g)



## Supplement Facts

Serving size: 1 scoop (2.05 g)

Servings per container: Approx. 30

mount per serving		DV%
yo-Inositol	2,000mg	**
Chiro Inositol (Caronositol®)	50mg	**

\*\*Daily value not established

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