

Melatonin

Natural Support for
Body Rhythms and
Normal Sleep

 **KARUNA**[®]
RESPONSIBLE NUTRITION™

60 vegetarian capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings per Container 60

Amount per serving:	%DV
Melatonin	3 mg †

† Daily Value (DV) not established

Other ingredients: vegetarian capsule, rice flour
Suggested use for adults: One capsule daily taken 1 hour before
bedtime, or as directed by your health care practitioner.

Caution: Not for use by individuals under the age of 18 years or for
pregnant or lactating women

Produced by
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