These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by Ayurvedic Rasayanas P.O. Box 719 Ashland, OR 97520

28684 Sutherlin Lane Eugene, OR 97405

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight Dietary supplement - Allergy Information: Contains Ghee made from milk. Recommendations: May support the brain, mental focus, clarity and concentration for all body types



Supplement Facts

Amount per serving 1tsp. (6g)	Serving per container- 50
Amount per serving: Calories 25	% Daily Values*
Fat 1g	1%
Saturated Fat 1g	1%
Total Carbohydrate 4g	1%
Sugars 3g	+
Protein 0g	+

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown rice syrup, Ghee (milk, salt) Tamarind paste Proprietary blend of standardized extracts: Shankhpushpi herb (10:1), Bacopa herb (8:1), Gotu Kola leaf (7:1), Gingko leaf (4:1), Ashwagandha root (3:1), Tulasi leaf (5:1), Sage Herb (5:1), Licorice root (5:1), Pippali fruit (4:1)

Proprietary blend of powdered herbs: Cinnamon bark, Damiana leaf, Mugwort leaf, Fennel seed. Aiwain seed, Cumin seed, Coriander seed Black Pepper fruit, Hibiscus Flower, Cardamom seed, Ginger root. Nutmeg seed

Proprietary blend of pure essential oils: Cinnamon bark, Fennel seed, Aiwain seed, Coriander seed, Black Pepper fruit, Ginger root, Mugwort oil

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established