

PRENATAL HEALTH

Perfect for you and your baby – our wholesome vitamins and minerals, made with organic veggies and fruits, are deeply nourishing, and gentle on your stomach. As you prepare for the gift of new life, our exclusive formula with its blend of organic sprouts, berries, and herbal extracts provides comprehensive nourishment, balance and support.†

SUGGESTED USE: Take 2 tablets twice daily with or without food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

+These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Synergy Company™

Moab, Utah 84532

800-723-0277 ~ TheSynergyCompany.com



Certified Organic by Oregon Tilth



PureNatal®

**MULTIVITAMIN
FOR MOM & BABY**

MADE WITH ORGANIC VEGETABLES & FRUITS

Dietary Supplement ~ 120 Tablets

Supplement Facts

Serving Size: 4 tablets

Servings per Container: 30

Amount per Serving	% DV for Pregnant/ Lactating Women
Vitamin A (as beta-carotene) [†] with carotenoids	1,300 mcg RAE 100%
Vitamin C [‡] with bioflavonoids	240 mg 200%
Vitamin D3 [‡]	25 mcg (1,000 IU) 167%
Vitamin E [‡] with tocopherols and tocotrienols	38 mg 200%
Vitamin K1 [‡]	180 mcg 200%
Thiamin (B1) [‡]	7 mg 500%
Riboflavin (B2) [‡]	8 mg 500%
Niacin (as niacinamide) [‡]	36 mg NE 200%
Vitamin B6 [‡]	8 mg 400%
Folate (as 360 mcg L-5-MTHF & 120 mcg folic acid [†])	800 mcg DFE 133%
Vitamin B12 [‡]	42 mcg 1,500%
Biotin [‡]	70 mcg 200%
Pantothenic Acid [‡]	14 mg 200%
Choline [‡]	140 mg 25%
Iron [‡]	27 mg 100%
Iodine [‡]	290 mcg 100%
Zinc [‡]	13 mg 100%
Selenium [‡]	70 mcg 100%

Amount per Serving	% DV for Pregnant/ Lactating Women
Copper [‡]	1.3 mg 100%
Manganese [‡]	2.6 mg 100%
Chromium GTF [‡]	45 mcg 100%
Molybdenum [‡]	50 mcg 100%
Vitamin K2 (as MK-7 from natto)	20 mcg ‡
Organic Red Raspberry Leaf Extract	50 mg ‡
Organic Sprout Blend	250 mg ‡
Fresh Freeze-Dried Sprouts: Broccoli*, Upland Cress*, Daikon*, Red Radish*, Cauliflower*, Cabbage*, Arugula*	
Organic Berry Blend	250 mg ‡
Cold Temperature-Dried: Black Currant*, Bilberry*, Aronia*, Pomegranate*, Lingonberry*, Concord Grape*, Wild Blueberry*, Sour Cherry*, Elderberry*, Cranberry*, Red Raspberry*, Black Raspberry*	

* Cultured in a fermented food matrix: organic soy, organic acacia, organic *Saccharomyces cerevisiae*, organic maltodextrin, organic orange peel, organic carrot, organic alfalfa, *L. acidophilus*, *B. bifidum*, *L. rhamnosus*, papain & bromelain enzymes

* Certified Organic ‡ Daily Value Not Established

Other Ingredients: Certified organic barley grass, certified organic acacia, certified organic vegetarian tablet coating

Contains: Certified organic fermented soy

No GMOs, Dairy or Gluten

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