

FREE OF: Sugar, starch, soy, wheat, casein, gluten, milk, preservatives, yeast, gelatin, flavorings, or colorings.

CAUTION: MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

IMPORTANT:
STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.
KEEP OUT OF THE REACH OF CHILDREN.

Manufactured exclusively by:

KIRKMAN

Lake Oswego, OR 97035
(503)694-1600 • (800)245-8282
www.kirkmangroup.com

Best Used by: May 2013

CASEIN & GLUTEN FREE

KIRKMAN

**Magnesium
Glycinate**

BIO-MAX SERIES

*Magnesium Glycinate® is a
registered trademark of Albion.*

100 Capsules

HYPOALLERGENIC

Dietary Supplement

SUGGESTED USE: 1 capsule, three times daily or as directed by a physician. Capsules may be pulled apart and the contents mixed with food or beverages.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 100

Each Serving Contains	Amount per Serving	% Daily Value*
Magnesium (as Glycinate)	100 mg	25 %
from:		
Magnesium Glycinate®	546 mg	**

* Percent Daily Value Based on a 2000 calorie diet.

** Daily Value Not Established.

INGREDIENTS: Magnesium Glycinate®, L-Leucine, Plant Cellulose Capsule.

096/100 • Lot # 0096-0067